

Transformers: Revenge of the Fallen

Crossroads Mission “To turn irreligious people into fully devoted followers of Christ.”

Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect Romans 12:2 ESV

And we all, with unveiled face, beholding the glory of the Lord, are being transformed into the same image from one degree of glory to another. For this comes from the Lord who is the Spirit. 2 Corinthians 3:18 ESV

- **Hindrances to Positive Transformation**

- Maynard G. Krebs syndrome: WORK?
- Popeye syndrome “I yam what I yam”
- Don’t value Transformation
- Don’t know how to be Transformed
- _____

- **Spiritual disciplines are practices, or pathways, that yield Transformation**

- **Training versus Trying**

Rather train yourself for godliness; 1 Timothy 4:7b ESV

Everyone who competes in the games goes into strict training. They do it to get a crown that will not last; but we do it to get a crown that will last forever. 1 Corinthians 9:25 NIV

- **What makes something a spiritual discipline?**

A disciple is not above his teacher, but everyone when he is fully trained will be like his teacher.

Luke 6:40 ESV

- **How do we know what spiritual disciplines to practice?**

Message Program Notes: TRANSFORMERS
Revenge of the Fallen
Wendell Anderson, Stewardship Pastor

John Ortberg "The Life You've Always Wanted—Spiritual Disciplines for Ordinary People"

- Servanthood,
- Confession,
- Reflection on Scripture
- Celebration
- Slowing
- Secrecy
- Suffering

Richard Foster "Celebration of Discipline—The Path to Spiritual Growth"

- Meditation
- Prayer
- Fasting
- Study
- Simplicity
- Solitude
- Submission
- Confession
- Worship

Dorothy Bass "Practicing our Faith"

- Honoring the body
- Keeping Sabbath
- Forgiveness

Donald Whitney "Spiritual Disciplines for the Christian Life"

- Evangelism
- Stewardship
- Journaling

Marjorie Thompson "Soul Feast—An Invitation to the Christian Spiritual Life"

- Self Examination & Confession
- Hospitality