

Contentment pt. 3

Philippians 4:10-20

“I rejoiced in the Lord greatly that now at length you have revived your concern for me. You were indeed concerned for me, but you had no opportunity. <sup>11</sup>Not that I am speaking of being in need, for I have learned in whatever situation, I am to be content. <sup>12</sup>I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. <sup>13</sup>I can do all things through him who strengthens me. <sup>14</sup>Yet it was kind of you to share my trouble. <sup>15</sup>And you Philippians yourselves know that in the beginning of the gospel, when I left Macedonia, no church entered into partnership with me in giving and receiving, except you only. <sup>16</sup>Even in Thessalonica you sent me help for my needs once and again. <sup>17</sup>Not that I seek the gift, but I seek the fruit that increases to your credit. <sup>18</sup>I have received full payment, and more. I am well supplied, having received from Epaphroditus the gifts you sent, a fragrant offering, a sacrifice acceptable and pleasing to God. <sup>19</sup>And my God will supply every need of yours according to his riches in glory in Christ Jesus. <sup>20</sup>To our God and Father be glory forever and ever. Amen.” Philippians 4:11-20 ESV

## Five Principles of Contentment

**#1 Contentment comes from TRUSTING IN A SOVEREIGN GOD**

**#2 Contentment comes from LEARNING TO BE SATISFIED**

**#3 Contentment comes from LIVING ABOVE CIRCUMSTANCES**

### How To Be Content

*Regardless of Your Circumstances*

1) **REJOICE**

"Rejoice in the Lord always; again I will say, Rejoice." Philippians 4:4 ESV

2) **DO NOT BE ANXIOUS**

"Do not be anxious about anything..." Philippians 4:6a ESV

3) **PRAY & ASK**

“...but in everything by prayer and supplication with thanksgiving let your requests be made known to God.” Philippians 4:6b ESV

#### 4) **PERSPECTIVE**

“I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. I can do all things through him who strengthens me.” Philippians 4:12-13 ESV

### #4 Contentment comes from **DEPENDING ON GOD’S POWER**

“I can do all things through him who strengthens me.” Philippians 4:13 ESV

“But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me. For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong.” 2 Corinthians 12:9-10 ESV

“Contentment comes when you experience the sustaining power of Christ in those times when you have no human strength left.”

*John MacArthur*

“We rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not put us to shame, because God’s love has been poured into our hearts through the Holy Spirit who has been given to us.” Romans 5:3-5 ESV